Ssajja



In Buganda, Mothers had a unique custom of tying small bell-rattles around the ankles of their baby boys. These bells entertained the infants while encouraging them to kick and stamp, which helped to strengthen their legs. The sound also allowed mothers to know their baby's location while moving around. Other children would often sing to the baby: "Baby boy, when will you be able to walk? Tomorrow or another day? Stamp your bells when you walk, tomorrow or another day?!"